

Vegetable Planting Calendar, Cold and Highland Zone

What to sow month by month in the cold and highland zone of Australia.

This zone covers Canberra, Cooma, Bright and Traralgon.

Green means you can sow or plant that crop that month in this zone. For seed tray, transplant and direct sow month by month, and for what to do when the window is nearly shut, see the crop's own guide at gardenbuddy.au/veggie-guide/cold-highland/.

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Perennials are not in the grid. Fruit trees, nut trees and the crops you plant once and keep have a planting window rather than a sowing month, which is a different thing and does not fit a twelve month row. In this zone that covers Apple, Blueberry, Fig, Jerusalem Artichoke, Leek, Lemongrass, Mulberry, Peach, Pear, Persimmon, Plum, Raspberry, Savory, Strawberry, Walnut. Each one has its window on its guide page.